

## **WIUMP Preschool Wellness Policy Amendment 1.2.22**

### **Student Handbook**

The CDC has updated the recommended quarantine period for anyone in the general public who has tested positive or been exposed to Covid-19. The change is motivated by science demonstrating that most of the SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after. To keep our staff and students healthy, we are amending our WIUMP Wellness Policy as of 1/1/2022. Please adhere to the following guidelines as well as the requirements already in place in our handbook for other sicknesses.

#### **If you Test POSITIVE for COVID-19**

##### **(Everyone, regardless of vaccination status)**

1. Notify the preschool on Remind or by email at [preschool@islandmethodist.com](mailto:preschool@islandmethodist.com)
2. Stay home for 5 days
3. If you have no symptoms after 5 days, you may return to school but will be required to wear a mask for an additional 5 days around others.

#### **If you were exposed to someone that tested POSITIVE for Covid-19**

##### **STUDENTS ONLY (Unvaccinated individuals)**

1. Notify the preschool on Remind or by email at [preschool@islandmethodist.com](mailto:preschool@islandmethodist.com)
2. Stay home for 5 days
3. If you have no symptoms after 5 days, you may return to school
4. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

#### **If a family member was exposed or is presenting symptoms of any contagious illness:**

We STRONGLY encourage you to keep your child home if a family member living in the same household has been exposed to illness in order to reduce the number of those potentially exposed at the preschool. This could be Covid-19, Flu, Hand Foot and Mouth, stomach bug or any other contagious illness.